

Parish News

Here is your weekly update. There are also attachments for this week.

I do apologize for the no newsletter last week. My computer is acting up. I have ordered a new one as this one is over 7 years old.

There will be no class this Sunday 23rd

Bishop Lucia has announced that Rev. John Mikalajunas -Pastor of Holy Trinity has retired on February 15. Our Pastor Fr. Mark will now be the Pastor of both Parishes. Congratulations Fr. Mark on your new assignment.

Conversation Series

We are happy to announce a brand-new Conversation Series. We will meet once a month on the first Monday of the month in the Cow Palace

March 3rd @ 6pm

Hope you can join us for this new and exciting spiritual, education opportunity open to all

Parish Giving-

The Parish is pleased to introduce "Enhancing Stewardship through Electronic Funds Transfer. It is convenient no more searching for a checkbook or Sunday morning stops at the ATM. To excess simply Log on the parish website www.sacredheart-saintmary.org and click on the Parish Giving Log and follow the easy registration instructions. It is Secure.

Stewardship-

Operating expenses for the Parish on a weekly basis are \$6,900.00 Collection.

Stewardship for Feb 9, 2025

Ordinary \$5907.18

Online Giving for January \$2322.37

ITS PIEROGI TIME FOR THE LENTEN SEASON

They will be on sale starting after Mass on Saturday March 1st and after all Masses until gone



Hope Appeal 2025

The Assessment for the Parish is \$32,143.00

Currently received as of 1/15/25 we have collected \$28,057.02

NOTRE DAME SCHOOLS

14TH Annual Raffle \$100,000.00

Additional cash prizes and more-Tickets are \$100

On sale at Notre Dame Jr/Sr. High School and Chanatry's Market in Utica

www.NorteDameUtica.org 315 724-5118 ext 26

Drawing Sunday May 4, 2025 @ 12PM



As always, I like to share the deep traditions and meaning of our Church. What a great way to learn as a family and learn more about this great Faith of ours.

It is hard to believe that Lenten starts on March 5th with Ash Wednesday. How will you prepare for your Lenten journey? Starting next week I will share with everyone ways to start preparing oneself for Lent leading up to the death and resurrection of our Lord.

Events at other Parishes in our area

There is so much going to be happening during the season of Lenton Please see below. I have attached fliers for the events in Our Parishes

Please remember we are all a Catholic Community and need to support each other.

St Anthony/St Agnes -Utica

Every Friday March 7th -April 18, 2025

Eat In or take out

Fried or baked Haddock \$17

12 Piece Fried Shrimp \$18

St Anthony Combo \$21

(baked or fried Haddock plus 7 shrimp)

All meal include choice of baked potato or French fries coleslaw, dinner roll, coffee & dessert)

The Lights Are On for Your

Confession will be offered

April 14, 2025

4-7pm in Parishes

Diocesan Lenten Mission

Join us for a Diocesan Lenten Mission



A powerful 3-night journey of faith, prayer and renewal as we prepare our hearts for Easter and celebrate the Jubilee Year

March 31 @ 6:30-8:30pm
Mary Mother of Our Savior Parish
Tuesday April 1st
Holy Cross-Dewitt
April 2nd
St. Thomas Aquinas Binghamton

Each evening will feature an inspiring talk from a Keynote speaker, John Bealeu
With Adoration of the Blessed Sacrament with Bishop Lucia

Mary Mother of Our Savior Parish

The Annual Lenten parish Mission

Tues March 11 from 6:30-8pm @ the Lourdes Campus
Evening of inspiring talks beautiful music and time for prayer
Jeremy Bobak will be worship leader
Mark and Nina Ranieri will be the keynote speakers

A Lenten Retreat for Catholic Women

Saturday March 8 @ Mary Mother of Our Savior Parish
7:30am to 12:15pm
Breakfast, Mass, Speaker Reflections, Confession, Adoration and Rosary
Divine Mercy Chaplet and Brown Scapular Enrollment

St Paul's Whitesboro

Healing Mass –
March 2 @ 3pm
Anointing of the sick and laying of the hands

Youth Ministry Event

Mary, Mother of our Savior Parish invites all teens in the Greater Utica Area to join us for

Who: Teens in grades 7 thru 12 from the Greater Utica Area

Where: Mary Mother Of Our Savior Parish, Seton Center, 2 Barton Ave, Utica (look for the welcome flag)

When: Monday evenings 6:30PM-8:00PM-
(following the school calendar)-

www.motherofoursavior.org

For information please reach out to Brittany Wilcox: bwilcox@syrdio.org

Utica Newman Catholic

Christian Fellowship

For registered College Students/Utica Area

For questions Contact Campus Minister, Pat Gillick @

Uticanewmandoutreach@syrdio.org

Free Pizza and Wing Dinner after every 4pm Sunday Evening Mass

Our Lady of the Rosary Campus

Catholic Youn Professionals

The Cyrenian Way

First Thursdays @ 6:30pm Monthly

Mary Mother of Our Savior Parish

Seton Center

Food Fellowship, Prayer and Discussion

Totus Tuus /Diocese of Syracuse

Mary, Mother of our Savior

July 20-25, 2025

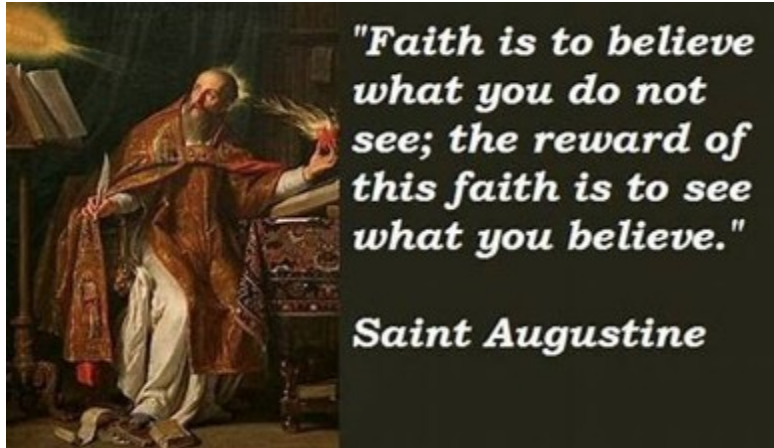
This is a summer Catholic youth program. It is dedicated to share the Gospel and promote the Catholic faith thought evangelization, discipleship, Christian witness and Eucharistic worship

Teen Program -7th -12 grade Evenings Sunday July 20-Thru July 24 7pm-9pm \$25 per youth
Children Program Day Program 1st grade-6th grade Monday July 21- July 25th 9am-3pm \$55 per
child maximum of \$110 per family

Questions?

Bwilcox@syrdio.org or mmoosfaithformation@syrdio.org

Food for thought





There is a change in the school days off for the winter break. There will be no class on 23rd

The children making First Reconciliation will meet in the Church on March 2 and 9th. Please bring the children to the Church and they will be brought back to the school for dismissal.

Students making First Communion-it will be on May 4th @ the 11am Mass

First Reconciliation will be on a Sunday during class time-March 16th

The Blessing Cup meal has been scheduled for April 19th in the school cafeteria from 12-3pm

Letten PCA Event



Please join u for our annual Family PCA event with our Parish in the PCA
(Mary Mother of Our Savior Parish, St Paul's, Holy Trinity and Sacred Heart/St Mary's
Open to all families with children Preschool to Grade 6th

March 30 @ Mary Mother of Our Savior Parish-Semton Center
2pm to 4pm
Fun Lenten Projects
Pizza and drinks will be served



Sacrament of Reconciliation: Saturday 3:15PM prior to Mass

Weekdays 12:15 Monday, Tuesday, Wednesday Friday.
There will be no Mass on Thursday

Let's remember that as Catholics, the importance of attending Sunday Mass. At Mass we stand at mystically at the foot of the cross and witness for ourselves the same self-sacrifice of Jesus, in an unbloody manner. Mass is a celebration of this sacrifice. It is the active participation of all that come together in the place of worship

Seventh Sunday of Ordinary time

1st Reading: 1 Samuel 26: 2-7, 7-9, 12-13, 22-23

Responsorial Psalms: 103: 1-2, 3-4, 8, 10- 12-13

2nd Reading: 1 Corinthians 15: 45-49

Gospel: Luke 6:27-38



This week's reflection comes from Sr. Kristine Anne Harpenau, OSB

Jesus gives his disciples a challenge. He tells them: "Love your enemies, do good to those who hate you, bless those who curse you." However, Jesus does not stop there. He continues: "If someone strikes you on one cheek, offer your other cheek to them as well. If a person takes your cloak, give him your tunic also."

The ultimate call from Jesus is: "Do unto others as you would have them do to you." Today Jesus is calling us to examine ourselves and ask: Do I do unto others as I would like them to do unto me? I assume we likely have varying responses. "I try to live this way, however, there are some people who simply drive me crazy." Or I might say: "I can do that with most people but there is one person who deeply wounded me, and I simply am unable to forgive that individual."

Jesus then says: "If you love the people who love you, what credit is that for you? Even the pagans do this. Stop judging and you will not be judged. Quit condemning others and you will not be condemned!" Jesus then states: "Forgive and you will be forgiven. The measure you give will be the measure that is returned to you."

These bluntly spoken words are difficult to hear. They may challenge us at the deepest level of our being. Most likely, each one of us has been wounded, betrayed or rejected at differing times in our lives. If this person was a friend, this wounding typically is amplified since we trusted this individual.

However, each one of us also has wounded or betrayed individuals in our life. It is all part of our human condition.

When Jesus instructs us to love our enemies, he does not mean that this person should become one of my best friends. Jesus understands that forgiving is first a decision. However, it also is a process. The path to forgiveness may take a long time, and understandably so. However, we have to choose to take the first step. No one can force us to take this step; we are the only ones who can make this decision.

And in reality, it may take a long time before we are ready and willing to begin the process of forgiveness.

Jesus doesn't ask for miracles nor does he want "play" forgiveness. He continually invites us not only to free the individual who wounded us, but also to free ourselves from the pain, anger and hurt that binds us. Jesus is patient and yet persistent. He continually invites us and calls us to forgive. Perhaps today we can take one small step in this direction.

While these are wonderful reflections, please remember that they are not to be a substitute for the wonderful sermons of Father or Deacon Kirk at Mass.

As always, I try to find wonderful reflections for this week's Gospel reading. I let the Holy Spirit guide me.



Here is this week's Gospel for children who are unable to attend our program. What a great way to share this Gospel with them.

The Golden Rule



Love one another — even your enemies.

Items for a king or queen's costume, such as a crown, a staff, or a robe; an armchair
Luke 6:27-38

(Put on the royal costume and sit in the armchair.) What do I look like to you? (Pause for kids to identify that you are a king or a queen.) That's right. Pretend I'm the ruler. And what does a ruler do? (Pause for responses.)

A ruler makes rules. Only, I think I need some help with the rules. So let me ask you... If you were ruler, what would your number one rule be, and why? (Have children take turns holding a royal object from your costume when they share. If time allows, invite them to take turns on the throne.)

Those were some interesting rules you all came up with. Today we're reading in the Bible about something Jesus, our King, said was important to do. Many people call this "The Golden Rule." (Invite kids to share if they know what it is.)

Jesus taught that loving one another, even people we don't get along with is really important. And one way we do that is to treat others how we want to be treated. So if we want others to welcome us when we're new to their school, then we do that for others. Or if we want others to be kind to us, we are kind to others. We'll learn more about that today.

Dear God, we want to treat others with love as Jesus taught us to do. Help us to do that well. In Jesus' name, amen.

Weekly Prayer

Prayer is a large part of our Faith. This week prayer is for faith and love.

Prayer For Faith In God

Dear Lord,
Thank you for saving me. Thank
you for your strength and favor
upon my life. Help me be strong in
you. Let my faith in you never
wither no matter what happens.
Let my foundations in you never
shake. Let me always depend on
your love and grace.
Do not let this world deceive me. I
know you are all I need. Let me
continue to have faith in you and
never waver, in Jesus' name I pray,

Amen

THE GRACEFUL CHAPTER

Lynn M. Springer
Director of Faith Formation
Sacred Heart/St Mary's
315 527 8399



6:30pm - 8pm
TUES, MAR 11

THE ANNUAL LENTEN

Parish Mission

All parishes in the Greater Utica Area are welcome to join our parish family for our upcoming Lenten Mission on Tuesday, March 11th at 6:30pm on the Lourdes campus. Jeremy Bobak will be the worship leader. Mark and Nina Ranieri will be the keynote speakers. This evening will include inspiring talks, beautiful music, and time for prayer and reflection. This mission will be a perfect way to kick start your Lenten journey.



JEREMY BOBAK



**MARY MOTHER OF OUR
SAVIOR PARISH, UTICA**



**MARK AND NINA
RANIERI**

www.motherofoursavior.org ~ Facebook @MaryMotherUtica

LENTEN *Mission*

MARCH 31 - APRIL 2

6:30 - 8:30 PM

MISSION | TESTIMONIES | ADORATION

MONDAY, MARCH 31ST

MARY, MOTHER OF OUR SAVIOR PARISH, UTICA
EUCCHARISTIC IDENTITY

TUESDAY, APRIL 1ST

HOLY CROSS CHURCH, DEWITT
EUCCHARISTIC LIFE

WEDNESDAY, APRIL 2ND

ST. THOMAS AQUINAS CHURCH, BINGHAMTON
EUCCHARISTIC MISSION & MAKING HIS MISSION OUR OWN

FOR MORE INFORMATION, VISIT: [SYRDIOCESSE.ORG/LENTEN-MISSION](https://syrdioocese.org/lenten-mission)



BISHOP DOUGLAS J. LUCIA
PRESIDER



JOHN BEAULIEU
KEYNOTE SPEAKER



JUBILEE 2025
PILGRIMS OF HOPE



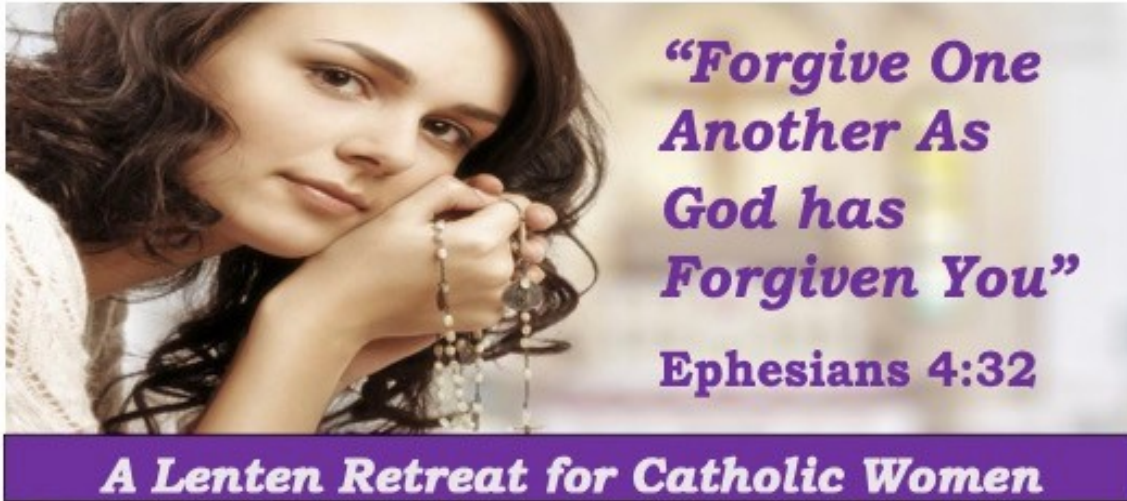
ROMAN CATHOLIC
DIOCESE OF SYRACUSE



The Light Is On For You

APRIL 14, 2025

4-7PM IN PARISHES



Saturday, March 8, 2025 in Utica
Saturday, March 15, 2025 in Syracuse & Binghamton

Morning Retreat Includes:

Breakfast, Mass, Speaker Reflections, Confession, Adoration, and Rosary.

Divine Mercy Chaplet and Brown Scapular Enrollment offered in Utica and Syracuse only.

Please select the location where you will attend:

☐ Mary, Mother of Our Savior, Lourdes Campus, 2222 Genesee St, Utica

Retreat held from 7:30 to 12:15

☐ Holy Cross Church, 4112 E. Genesee St, Dewitt

Retreat held from 7:45 to 12:15

☐ St. Vincent de Paul Blessed Sacrament, 465 Clubhouse Rd, Vestal

Retreat held from 7:45 to 12:30

Name

Email

Parish

Registration Deadlines: March 1 for Utica and March 8 for Syracuse

Limited walk-in registration is available at the door for Binghamton only.

Mail registration with \$25 payment to guarantee your spot.

Payable to: **Diocese of Syracuse.** Please note "Lenten Retreat" on the memo of the check.

Women's Commission

C/O Diocese of Syracuse

240 E. Onondaga St.

Syracuse, NY 13202

Visit www.syracusecatholicwomen.org for information about the schedule and speakers.

Questions? email swc@syrdio.org