



# Building Faith@HOME

**1st Reading:** [Acts 3:13-15, 17-19](#)  
**Responsorial Psalm:** [Ps 4:2, 4, 7-8, 9](#)  
**Second Reading:** [1 Jn 2:1-5a](#)  
**Gospel:** [Lk 24:35-48](#)

Just as what was spoken in last week's Gospel, the reading from Luke once again begins with the loving and merciful words, "Peace be with you." The difference between the two readings is the source of the disciples' fright. In John's Gospel last week, the disciples were afraid of the Jewish authorities finding and punishing them. They were ashamed of their fear when seeing Jesus. In Luke's Gospel, the disciples "were startled and terrified and thought that they were seeing a ghost." The important assertion in this reading is that the risen Jesus will be known **and experienced** in the breaking of the bread. Let's re-read that... "...Jesus was made known to them in the **breaking of the bread.**" There is an action... an interaction actually. This action brings us to the Cross with Jesus in his death and resurrection, and actively coming into communion with the Risen Christ. In the early Church, the entire Eucharistic celebration was referred to as the breaking of the bread. That's how important the gesture was!

The Catechism of the Catholic Church states, "*The Breaking of Bread, because Jesus used this rite, part of a Jewish meal when as master of the table he blessed and distributed the bread, above all at the Last Supper. It is by this action that his disciples will recognize him after his Resurrection, and it is this expression that the first Christians will use to designate their Eucharistic assemblies; by doing so they signified that all who eat the one broken bread, Christ, enter into communion with him and form but one body in him.*" (CCC1329)

This week during the Mass, pay particular attention to the moment when the bread is broken. What do you see when the bread is broken? Do you see the broken body of the Crucified One who died to bring us back to the Father? Do you see the Risen One who overcame the power of death and who has opened the gates of Heaven to you? He is there, every time, ready to give himself to you in love.

### Family Table Talk

**Children:** How can you believe in Jesus whom you have never seen?

**Youth:** Jesus' words of greeting were "Peace be with you," followed by the invitation to forgive sins. How does forgiveness bring peace to you? How does it change the world?

**Adults:** What strengthens your faith? Why do you believe in Jesus?

### Catholic Kids Media

3rd Sunday  
of Easter  
Cycle B



[bit.ly/Third-Sunday-Easter-Video](http://bit.ly/Third-Sunday-Easter-Video)

April 15 is World Art Day

Try the Visio Divina activity below. Or create your own piece of Art to reflect the scripture story.

### SAINTS FUN FACTS

by John Sheppard

St. Bernadette was born in Lourdes, France. As a child gathering firewood, the Blessed Mother appeared to her seventeen times. Bernadette was urged to pray for sinners and to build a chapel on the site. Bernadette dug into the mud and a spring developed. Many healings have been attributed to this water. As she got older, Bernadette became a nun and passed away at age 35.



April 16 - St. Bernadette

### APRIL DEVOTION: Holy Eucharist

during the Holy Eucharist, we receive not just symbols but the actual body, blood, soul, and divinity of Christ. More than a mere sign, it is the living Christ we receive. The bread and wine become the actual body and blood of the resurrected Jesus Christ through the consecration. This week, listen for the words: "This is my body.....This is my blood...." Know that Jesus is present with us!



### Links for More Ideas, Activities & Resources FYI

[bustedhalo.com](http://bustedhalo.com) - *Timing of the Breaking of the Bread*- (Teens & Adult Faith Builders)

[USCCB.org](http://USCCB.org) - *The Real Presence of Jesus Christ in the Eucharist: Basic Questions & Answers* (Adult Faith Builder)

[YouTube.com](http://YouTube.com) - *Bernadette: The Princess of Lourdes | The Saints and Heroes Collection (Kids Movie)*

[adventlu.org](http://adventlu.org) - *Road to Emmaus Visio Divina* - (April 15th World Art Day)

This resource is meant to be used in a digital format with hyperlinks,

Digital Format can found at:

[syracusediocese.org/partnering-with-families](http://syracusediocese.org/partnering-with-families)



April 14, 2024

2024 - A Year of Prayer

'Jesus was praying in a certain place, and when he finished, one of his disciples said to him,

"Lord, teach us to pray..." - Luke 11:1



# Prayer@HOME

Cut & Pray!



From now until Pentecost, practice the prayer to the Holy Spirit.

## Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful,  
and kindle in them the fire of your love.  
Send forth your Spirit and they shall be created,  
and you will renew the face of the earth.

Lord, by the light of the Holy Spirit  
you have taught the hearts of your faithful.  
In the same Spirit help us to relish what is right  
and always rejoice in your consolation.  
We ask this through Christ our Lord.  
Amen.

## Scripture Verse of the Week From Sunday's Mass



The two disciples recounted  
what had taken place on  
the way, and how Jesus  
was made known to them in  
the breaking of the bread.

-Luke:24:35

### Practice listening!

Listen closely the the Liturgy of the  
Eucharist. What words does Jesus say  
to YOU?

## Via Lucis: Way of the Light!

The Stations of the Light is a spiritual journey with Christ that takes one through fourteen of the most inspiring events of His post-Resurrection life on earth. In the early Church this practice was known as the Via Lucis, or Way of the Resurrection. It invites participants to walk along a path of transforming joy by following in the footsteps of the Risen Christ and his friends.

The Via Lucis was first blessed on Easter Sunday, 1994, in Turin, Italy, the birthplace of St. John Bosco, founder of the Society of St. Francis de Sales (Salesians). It formally became a Roman Catholic devotion, however, at the end of the twentieth century when the Vatican was preparing the Jubilee Year.

During this "Year of Prayer" in preparation for next year's Jubilee, this Easter Season is a wonderful time to pray with this devotion.

## Building Prayer Time @ Home

This will be a series of family activities to try as your families start or strengthen prayer time.

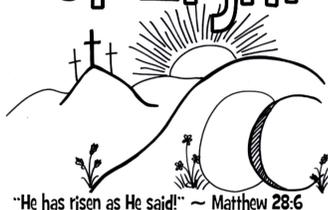


Mini-booklet



Full size sheets

## The Way of Light



"He has risen as He said!" ~ Matthew 28:6

## Pray the Via Lucis!

The Eastertide is wonderful time to pray and reflect on the Resurrection of our Savior.

Use the coloring pages created by [looktohimandberadiant.com](http://looktohimandberadiant.com) that include the scripture verses to reflect on the Fourteen Stations of The Way of the Light. Do all fourteen stations or do one station a day. Take time to pray and give thanks to our Lord!

[bit.ly/Via-Lucis-Mini-Booklet](http://bit.ly/Via-Lucis-Mini-Booklet)

[bit.ly/Via-Lucis-Full-Size-Sheets](http://bit.ly/Via-Lucis-Full-Size-Sheets)