

Parish News

Here is your weekly update. There are also attachments for this week.

As we begin the long Memorial Weekend, let us remember and pray for all those who served this Nation.

On June 1nd is the Ordination day of Fr. Benjamin Schrantz -First person in our area in almost 20 years to receive the Sacrament of Holy Orders and will be ordained to the Priesthood at the Cathedral of the Immaculate Conception in Syracuse He is from St. Paul's in Whitesboro.

While I love to do these wonderful newsletters, if you would no longer receive the weekly newsletter please message me privately.

On June 4th, the Parish wil have 9 young adults who will be receiving the Sacrament of Confirmation. May be filled with the Holy Spirit,

Parish Festival

Parish Festival is set for August 2-4
There will be the flea market for 3 days
Polish Kitchen Sunday August 4th
Fried Dough, basket raffle, and regular raffle

Stewardship-

Operating expenses for the Parish on a weekly basis are \$6,200.00 Collection.
Stewardship for May 12, 2024 \$6079.00 Online Giving for April \$1718.66

Hope Appeal

2nd Collection at weekend Masses is for the Hope Appeal and will continue in order for the Parish to reach the 2024 Goal
Goal \$38,468.00 Received to date \$27,538.02

Parish Giving-

The Parish is pleased to introduce “Enhancing Stewardship through Electronic Funds Transfer. It is convenient no more searching for a checkbook or Sunday morning stops at the ATM. To excess simply Log on the parish website www.sacredheart-saintmary.org and click on the Parish Giving Log and follow the easy registration instructions. It is Secure.

Holy Name Society is sponsoring a
Pulled Pork BBQ on 6/2 11Am
Included cole slaw, salt potatoes and kaiser rolls
Drive thru only \$13.00

Formation for ministry/Deacon Formation 2024
=St. Anthony/St Agnes -Utica
Information Session June 2th 1:00PM-3:30 PM
To register: formationformministrysyr.org or
Call 315-470-1479

Events at other Parishes in our area

Please remember we are all a Catholic Community and need to support each other.

Totus Tuus

Mary Mother Savior Parish
July 22-25 2nd to 6-Grade
July 21-25 7pm-9am

Youth Ministry Nights

Mary Mother Savior Parish
June 3rd, 10th and 17th
6:30-8pm In Lawler Hall-Lourdes Campus.

Save the Date

St. Anthony and St Agnes Festival
June 7-8pm



As always, I like to share the deep traditions and meaning of our Church. This week is Holy Trinity Sunday. Let's learn why this Sunday is so important in the Church.

Trinity Sunday

The dogma of faith which forms the object of the feast is this: There is one God and in this one God there are three Divine Persons; the Father is God, the Son is God, the Holy Spirit is God. Yet there are not three Gods, but one, eternal, incomprehensible God! The Father is not more God than the Son, neither is the Son more God than the Holy Spirit. The Father is the first Divine Person; the Son is the second Divine Person, begotten from the nature of the Father from eternity; the Holy Spirit is the third Divine Person, proceeding from the Father and the Son. No mortal can fully fathom this sublime truth. But I submit humbly and say: *Lord, I believe, help my weak faith.*

Why is this feast celebrated at this particular time? It may be interpreted as a finale to all the preceding feasts. All three Persons contributed to and shared in the work of redemption. The Father sent His Son to earth, for "God so loved the world as to give His only-begotten Son." The Father called us to the faith. The Son, our Savior Jesus Christ, became man and died for us. He redeemed us and made us children of God. He remains the liturgist *par excellence* to whom we are united in all sacred functions. After Christ's ascension the Holy Spirit, however, became our Teacher, our Leader, our Guide, our Consoler. On solemn occasions a thanksgiving *Te Deum* rises spontaneously from Christian hearts.

The feast of the Most Holy Trinity may well be regarded as the Church's *Te Deum* of gratitude over all the blessings of the Christmas and Easter seasons; for this mystery is a synthesis of Christmas, Epiphany, Easter, Ascension and Pentecost. This feast, which falls on the first Sunday after Pentecost, should make us mindful that actually

every Sunday is devoted to the honor of the Most Holy Trinity, that every Sunday is sanctified and consecrated to the triune God. Sunday after Sunday we should recall in a spirit of gratitude the gifts which the Blessed Trinity is bestowing upon us. The Father created and predestined us; on the first day of the week He began the work of creation. The Son redeemed us; Sunday is the "Day of the Lord," the day of His resurrection. The Holy Spirit sanctified us, made us His temple; on Sunday the Holy Spirit descended upon the infant Church. Sunday, therefore, is *the* day of the Most Holy Trinity.

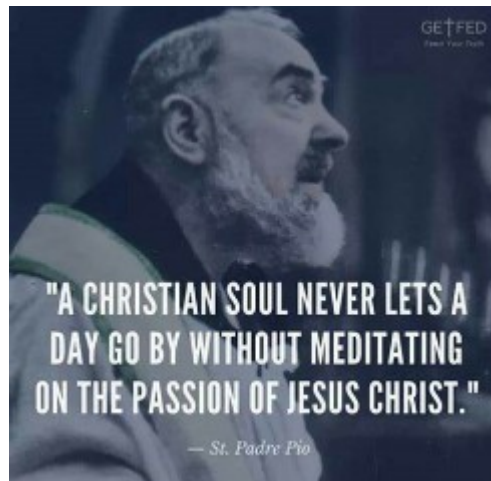
—Excerpted from *The Church's Year of Grace*, Pius Parsch

Symbols of the Trinity: Equilateral Triangle; Circle of Eternity; Three interwoven Circles; Triangle in Circle; Circle within Triangle; Interwoven Circle and Triangle; Two Triangles interwoven in shape of Star of David; Two Triangles in shape of Star of David interwoven with Circle; Trefoil; Trefoil and Triangle; Trefoil with points; Triquetra; Triquetra and circle; Shield of the Holy Trinity; Three Fishes linked together in shape of a triangle; Cross and Triangle overlapping; Fleur de Lys; St. Patrick's Shamrock.

Highlights and Things to Do:

- Depending on the ages of family members, research symbols of the Trinity and create something for the centerpiece of your family table, or something for your family altar, such as a small banner or poster. It can be as little as a 4 x 6 photograph or something to use every year as a backdrop or wall hanging.
- Think of different foods to serve that can reflect the symbolism of the Trinity. One example is clover leaf rolls. These rolls are formed with three balls of dough put into one hole of the muffin tin for each roll. They are easy to make. Use your favorite roll recipe (you can even buy frozen bread or roll dough), or search on the Internet for one of many examples. See [Catholic Cuisine](#) for other ideas.
- [The Directory on Popular Piety](#) explains some of the pious exercises related to the devotion of the Holy or Blessed Trinity. Three very simple prayers are the Sign of the Cross, *Gloria Patri* (Glory be to the Father, Son and Holy Spirit, etc.) and the *Trisagion* (meaning "thrice holy"): "Holy God, Holy Mighty One, Holy Immortal One, Have mercy on us." This is just one version, there are many others, and it is usually found in the Eastern liturgies.

Catholic Food for thought





The First Communion Group pictures are in. I had an emergency last Wednesday and was not available for picture pick up, I will be at the Sunday after the 11 am Mass for pick up. If a family would like them mailed please call me

Please remember that your child faith formation does not end with a year's program. Share your faith with your children until the 2024-2025 year begins in September. Attending Mass is a wonderful way to continue your family faith journey.

There will be the 1 week summer Totus Tuus program and Mary Mother Savior Parish.
July 21-25

More information to follow.



Solemnity of the Most Holy Trinity

1st Reading: DT 4:32-34, 39-40

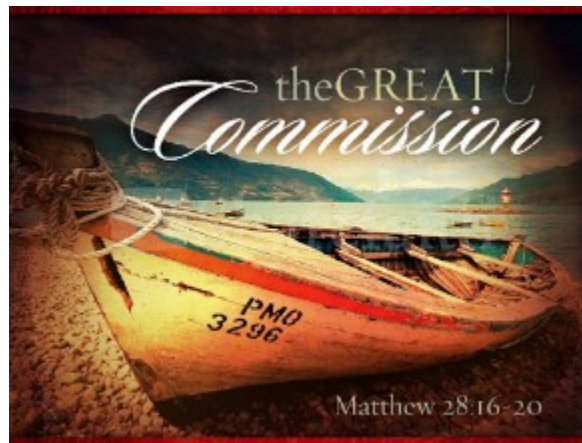
Responsorial Psalms: Ps 33: 4-5, 6, 9, 18-19, 20, 22

2nd Reading: Rom 8:14-17

Gospel: MT: 28:16-20

While these are wonderful reflections, please remember that they are not to be a substitute for the wonderful sermons of Father or Deacon Kirk at Mass.

As always, I try to find wonderful reflections for this week's Gospel reading. I let the Holy Spirit guide me. The Holy Spirit leads me to share with everyone. Powerful



In this gospel reading, we encounter the profound and transformative Great Commission, where Jesus, having triumphed over death, gathers His disciples on a mountain in Galilee and entrusts them with a mission that would change the world forever. This passage is a beacon of hope, purpose, and divine empowerment, calling each of us to step into a journey of faith and service.

Jesus begins by declaring, “All authority in heaven and on earth has been given to me.” In this statement, He reassures His disciples and all of us of His supreme authority. It is a reminder that no matter the challenges we face, we are not alone. We are backed by the sovereign power of the resurrected Christ, the One who holds all authority. This assurance gives us the confidence to move forward, knowing that our mission is grounded in His omnipotence.

He then commissions them: “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you.” This is not a passive calling but an active, dynamic charge to engage with the world. It's a call to transcend boundaries, whether they be cultural, geographical, or social. We are called to reach out to all nations, embracing diversity and bringing the message of God's love and salvation to every corner of the earth.

Making disciples involves more than just preaching; it requires building relationships, mentoring, and guiding others in their spiritual journeys. Baptizing in the name of the Triune God symbolizes a profound transformation, an initiation into a new life in Christ. Teaching them to observe all that Jesus has commanded ensures that our faith is not superficial but deeply rooted in the teachings and example of Christ. It's a holistic approach to discipleship that encompasses faith, practice, and community.

The Great Commission concludes with one of the most comforting promises in Scripture: "And behold, I am with you always, to the end of the age." Jesus assures us of His perpetual presence. In moments of doubt, fear, or discouragement, we can cling to this promise, knowing that the One who commissioned us also accompanies us. His presence is our strength, our guide, and our comfort.

As we reflect on this passage, let us be inspired to embrace our calling with renewed vigor. Let us step out in faith, empowered by the authority of Christ, committed to making disciples, and ever mindful of His enduring presence. Together, we can fulfill the Great Commission, bringing hope, love, and transformation to a world in need.

This week's Saints of the week:

The saints are models of human excellence, perfected by the life of Christ and the communication of his Spirit. They demonstrate in their lives how to really live and how to really die. They consistently point to the horizon of love which leads to the fulfillment of all human desire: eternal communion with the Holy Trinity.

May 31st Visitation of the Blessed Virgin Mary



While there is no faith formation until September. Below are reflections for the children until they return to the program in fall.

Theme: The Great Commission
Object: A bottle with a message inside.

Scripture

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28:18-20 (NIV)

Have you ever read a story or seen a movie about someone putting a message inside of a bottle and putting it in the ocean? Perhaps it was someone who has been stranded on an island in the middle of the ocean and put a message in a bottle hoping that someone would find it and come to rescue him. Maybe it was someone who just wanted to see where the wind and the waves might take the message.

I read a true story about a man named Harold Meyers who went on a cruise in the Caribbean. While on the ship, he took three bottles and placed a message with his name and address and a dollar inside each bottle. The dollar was to pay the postage so

that the person who found the message would write to him and tell him where they found it. Next, he put a cork in the bottles, sealed them with wax, and threw them over the side of the ship into the ocean. His friends all teased him saying that he was just throwing good money into the ocean.

Well, what happened to those bottles is quite amazing. Of those three bottles he threw into the ocean, two were found and he received a reply from the person who found it. Two out of three! That's amazing!

"To tell you the truth," Mr. Meyers said, "I was shocked. I guess I really never expected to hear from anybody at all."

I was thinking, perhaps that might be a good way to spread the message of Jesus all around the world. We could write John 3:16 on pieces of paper. You know John 3:16, don't you? "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." We could write that on a piece of paper, put it in a bottle, and drop it in the ocean. Then the good news of Jesus would float all around the world.

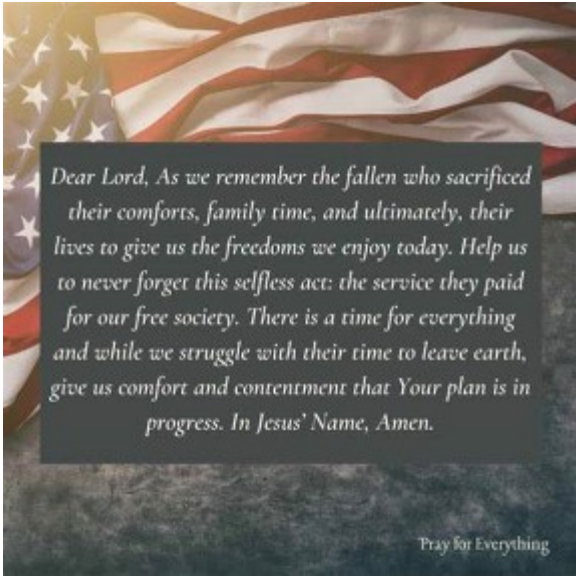
Does that sound like a good plan to you? Well, to tell the truth, I think that sounds like a pretty foolish plan. I don't think that would get the message of God's love to very many people. What would be a good way to get the good news of God's love to people all around the world? Jesus told his disciples how he wanted it done, and the plan is still just as good today as it was then.

Jesus said, "Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you." Jesus wants us to tell everyone we meet about his love for them and share with them what he has taught us in the Bible. He didn't say, "Send a message in a bottle," he said, "Go and make disciples."

Dear Father, help us to obey the command that you gave us to go and make disciples.
In Jesus' name we pray. Amen.

Weekly Prayers

Blessing for all those who served.

The background of the image is a close-up, slightly blurred view of the American flag, showing the stars and stripes in warm, golden light. A dark, semi-transparent rectangular box is centered over the flag, containing white text.

Dear Lord, As we remember the fallen who sacrificed their comforts, family time, and ultimately, their lives to give us the freedoms we enjoy today. Help us to never forget this selfless act: the service they paid for our free society. There is a time for everything and while we struggle with their time to leave earth, give us comfort and contentment that Your plan is in progress. In Jesus' Name, Amen.

Pray for Everything



Diocese of Syracuse

3) From the Catholic Schools Office:

Save the Date: On Monday, June 17, 2024 we will hold our **3rd Annual Light A Child's Future Charity Golf Tournament at [Turning Stone Resort](#)**. This exciting event benefits Catholic Schools scholarships. We strive to raise much needed funds for our Light a Child's Future Scholarship program, which enables economically disadvantaged students to attend Catholic Schools in our diocese. Did you know that 65% of our students rely on financial aid or scholarship support to attend our schools? Your support will directly aid underprivileged students, ensuring their participation in a faith-centered community focused on promoting academic excellence.

Please join us:

- **[Serve as a Sponsor](#) or [Register as an individual or foursome team\(s\)](#)**

Sponsorships begin at \$500 - Click [here](#) for a complete list

- **Promote the Golf Tournament in your Parish**

See attached flyer for bulletin boards and Parish website

Event Details:

Light A Child's Future Charity Golf Tournament.

Monday, June 17 2024

Shenandoah Golf Club, Verona NY

18 holes of golf, rain or shine

11:00-1:00 Registration and grab-and-go lunch

1:00 Shotgun start

5:30 Cocktail hour

6:30-9:00 Celebration Dinner

From the Office of Adolescent Catechesis & Discipleship:

MIDDLE SCHOOL SUMMER PILGRIMAGE

August 10, 2024 - Niagara Falls, New York

Middle school youth are invited to visit Niagara Falls and the Fatima Shrine, ride the Maid of the Mist, and finish the day with Laser tag and pizza and wings at LASERTRON! This all-day event is open to youth entering grades 6 through 8. The cost of the trip is \$65 per participant and includes all activities, a t-shirt, and dinner.

[Click here to register your group!](#)

Contact Mary Angela Fisher at 315-470-1402 or mafisher@syrdio.org for more information.

Young Adult Hike with Bishop Lucia

Saturday, June 29, 2024

Highland Forest County Park, Fabius, NY

\$25 per ticket

Young adults (ages 18-39) from across the Diocese of Syracuse are invited to join Bishop Douglas Lucia on the fourth annual summer hike! The hike will begin at Highland Forest, Fabius, New York. Following the hike, the bishop will celebrate a private Vigil Mass for the following Sunday. The evening will conclude with dinner and drinks, catered by Dinosaur BBQ, and the opportunity to socialize.

(The ticket cost covers dinner, beverages, and dessert)

Lynn M. Springer
Director of Faith Formation
Sacred Heart/St Mary's
315 527 8399