

Parish News

Here is your weekly update. There are also attachments for this week.

While I love to do these wonderful newsletters, if you would no longer receive the weekly newsletter please message me privately.

On June 4th, the Parish will have 9 young adults who will be receiving the Sacrament of Confirmation. May be filled with the Holy Spirit,

Parish Festival

Parish Festival is set for August 2-4

There will be the flea market for 3 days

As well as the basket raffle

Polish Kitchen -Sunday August 4th

Fried Dough, Outdoor grill and regular raffle

Stewardship-

Operating expenses for the Parish on a weekly basis are \$6,200.00 Collection.

Stewardship for May 26, 2024 Ordinary \$5479.00 Hope House \$415.00

Hope Appeal

2nd Collection at weekend Masses is for the Hope Appeal and will continue in order for the Parish to reach the 2024 Goal

Goal \$38,468.00 Received to date \$27,538.02

Parish Giving-

The Parish is pleased to introduce “Enhancing Stewardship through Electronic Funds Transfer. It is convenient no more searching for a checkbook or Sunday morning stops at the ATM. To excess simply Log on the parish website www.sacredheart-saintmary.org and click on the Parish Giving Log and follow the easy registration instructions. It is Secure.

Holy Name Society is sponsoring a Pulled Pork BBQ on 6/2 11Am
Included cole slaw, salt potatoes and kaiser roll
Drive thru only \$13.00

Formation for ministry/Deacon Formation 2024
=St. Anthony/St Agnes -Utica
Information Session June 2th 1:00PM-3:30 PM
To register: formationforministrysyr.org or
Call 315-470-1479

Events at other Parishes in our area
Please remember we are all a Catholic Community and need to support each other.

Totus Tuus

Mary Mother Savior Parish
July 22-25 2nd to 6 Grade
July 21-25 7pm-9am

Youth Ministry Nights

Mary Mother Savior Parish
June 3rd, 10th and 17th
6:30-8pm In Lawler Hall-Lourdes Campus.

Save the Date

St. Anthony and St Agnes Festival
June 7-8pm



As always, I like to share the deep traditions and meaning of our Church. As this week is the Solemnity of the Most Holy Body and Blood of Christ/Corpus Christi- here is the Vatican News of this Feast

Faith in God, Father, Son and Holy Spirit (Trinity), is not a distant and unattainable experience. Instead, it is as near since it is perennially “broken” for us: *This is my Body... This is my blood.*”

In 1207, a Belgian Augustinian nun, Giuliana di Cornillon, who had just turned fifteen, had a vision of a full moon with a dark spot sullyng it. Contemporary experts interpreted it thus: the full moon symbolized the Church, the dark spot was the absence of a specific feast in honour of the Body of the Eucharistic Jesus. The following year, the same religion had an even clearer vision, but had to fight hard to get the feast instituted. She succeeded only at the diocesan level, when Robert de Thourette became bishop of Liège in 1247. In 1261, the former archdeacon of Liège, Jacques Pantelón, became Pope Urban IV. In 1264, impressed by a Eucharistic miracle that had taken place in Bolsena, near Orvieto in Italy where he was residing, he promulgated the bull *Transiturus* through which he instituted a new solemnity to be celebrated the Thursday after the Octave of Pentecost in honour of the Blessed Sacrament. Thomas Aquinas was given the task of composing the liturgical office. The last strophe of the hymns very famous hymn he wrote, *Sacris Solemniis*, which begins with the words *Panis angelicus* (Bread of angels), has often been set to different musical scores, apart from the rest of the hymn. Since Pope Urban IV died two months after having instituted the feast, the bull was never implemented, but Pope Clement V, the first Avignon Pope (1312), confirmed it later.

The now traditional procession of Corpus Christi was introduced by Pope John XXII in 1316. During his pastoral visit to Orvieto, Saint John Paul II said: “*Even though the construction of this cathedral was not directly connected with the Solemnity of ‘Corpus*

Christi', instituted by Pope Urban IV with the bull Transitus, in 1264, nor with the miracle that took place in Bolsena the previous year, there is no doubt that the Eucharistic miracle is powerfully evidenced here due to the corporal of Bolsena for which the chapel was specifically built and which it now jealously guards. Since then, the city of Orvieto became known throughout the world due to that miraculous sign that reminds all of us of the merciful love of God who becomes the food and drink of salvation for humanity on its early pilgrimage. Because of the cult rendered to such a great mystery, your city preserves and nourishes the inextinguishable flame" (17 June 1990).



Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarrelled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever." (Jn. 6:51-58)

There's bread and there is bread

The people did not forget and could not forget the Exodus experience and what God had done for them. The First Reading from the Book of Deuteronomy focuses on this. It can be said that life is guided by memory. *"Remember how for forty years now the Lord, your God, directed all your journeying..." (Dt. 8:2).* Along that journey, the people received "manna" in which they received the strength to endure the difficult journey through the *"vast and terrible wilderness with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers" (Dt. 8:15).*

This is a salvific act on God's part, a "providential" act, through which he could arrive where man could not. But the desert experience, described in such detail by the author, makes us think of the deserts of our own life, of the weariness, the difficulties, the barrenness and lack of meaning gripping our lives that make it impossible to move forward. Prisoners of our own complaining and nostalgia for the comforts of bondage when at least there was food!

And so, God is the One who gives the food capable of giving strength and vigour. There is "*another food*" that can revive the hope that is in you, that will help you on your way. As once in the desert, so too today, God gives the "*Bread of angels*", such that no one has ever seen.

Bread from Heaven

Jesus gives himself to me, to everyone, in this Bread and makes us able to pursue our journey toward Heaven, toward eternity. "*Whoever eats this bread will live forever*". In this Bread, Jesus makes me partake of his love, he clothes me with it, he nourishes me with it. He himself is both the banquet and the food. Jesus himself is Eucharist: "*This is my body.... This is my blood...*". In other words: This is my life, it is I. The Eucharist is an anticipation of what we will live in eternity together.

We have been made for great things

In giving us this Bread, Jesus makes us realize we have been made for great things, higher things. By looking toward the things above, which is consistent with the call to be "born from above" (see Jn. 3:3), Jesus reveals the perspective through which we are called to look on life – not stopping at earthly things, looking only horizontally (see Col. 3:1-4), but looking up, aiming high. The Eucharist is the Sacrament which catapults us toward the things of Heaven. It invites us to think higher, in a vertical dimension, according to God and not according to others (see Mk. 8:33). Toward that end, the Eucharist is offered to us as nourishment, strength, the bread from heaven so that "*whoever eats my flesh will live because of me, will live forever*" (see Jn. 6:51, 54). This, and only this, can deliver us from a flat and trivial life.

Not a ticket, but a logic

Viewing the Eucharist as a “ritual”, a kind of “*weekly ticket*” we need to pay, an obligation, leads us to fall back into the logic of the old covenant – “obeying” an external law that does not change life, and even less, does not save it. Instead, Jesus invites us to assume the logic that the Eucharist become a style of life, a new way of being, knowing how to receive him in our hands in order to offer the Eucharist in Him and to others.

Understanding the Eucharist, living the Eucharist, will lead us to the point of making this experience of love become a style of live, a “*higher measure*”, a way to love and to serve. Jesus said, “*Do this in memory of me*”. “Doing this memory” means “*doing it like him*”, moving from “I” to “we”, as someone connected to others, who takes care of others after the example of Jesus who washes the feet of his disciples (see Jn. 13:1-11), or of the Good Samaritan (see Lk. 10:29-37).

The Eucharist gives us the experience of rediscovering the “Community”, and of “Encountering the community”. It is the laboratory of fraternity. This is why a Christian can never be content with personal prayer because there are times when the Community, Jesus’s friends, gather together to pray. This is the Eucharist. In this gathering, we listen to the Word and nourish ourselves on the Eucharist.

Prayer

Lord Jesus,

*with your instructions to follow the man with the pitcher of water,
you make me understand that I am to follow in the footsteps of those who seriously live
their baptism:*

help me imitate those who aim high in life.

Lord Jesus,

*by inviting me to the upper room,
you ask me to abandon a flat way of life:
help me be carried away with the desires you place in my heart.*

Lord Jesus,

*by giving me bread and wine, Your Body and Your Blood,
you teach me that life is either a gift, or it is not life:
nourished by You, help me to make my life an offering pleasing to the Father.*

*Lord Jesus,
in gathering your disciples around the table,
you teach me that there is no Eucharist without the community,
and there is no community without service.
Help me to make my life a Eucharistic life.*
(Prayer by Father Andrea Vena)

Catholic Food for thought





The First Communion Group pictures are in. Due to a family issue I was unable to distribute the pictures. I will be mailing them to everyone

Please remember that your child faith formation does not end with a year's program. Share your faith with your children until the 2024-2025 year begins in September. Attending Mass is a wonderful way to continue your family faith journey.



Sacrament of Reconciliation: Saturday @3:15PM prior to Mass

Saturday 4pm

Sunday's

7:30am 9AM and 11AM

Weekdays 12:15 Monday, Tuesday, Wednesday Friday.

There will no Mass on Thursday

Let's remember that as Catholics, the importance of attending Sunday Mass. At Mass we stand at mystically at the foot of the cross and witness for ourselves the same self-sacrifice of Jesus, in an unbloody manner. Mass is a celebration of this sacrifice. It is the active participation of all that come together in the place of worship.

The Solemnity of the Most Holy Body and Blood of Christ
Corpus Christi

1st Reading: EX: 24:3-8

Responsorial Psalms: 116:12-13, 15-16, 17-18

2nd Reading: Heb 9:11-15

Gospel: MK 14:12-16, 22-26

While these are wonderful reflections, please remember that they are not to be a substitute for the wonderful sermons of Father or Deacon Kirk at Mass.

As always, I try to find wonderful reflections for this week's Gospel reading. I let the Holy Spirit guide me. While this one is a bit long, the Holy Spirit leads me to share with everyone.



On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus' disciples said to him, "Where do you want us to go and prepare for you to eat the Passover?"

He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him.

Wherever he enters, say to the master of the house, 'The Teacher says, "Where is my guest room where I may eat the Passover with my disciples?"'

Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.

While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body."

Then he took a cup, gave thanks, and gave it to them, and they all drank from it.

He said to them, "This is my blood of the covenant, which will be shed for many.

Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God."

Then, after singing a hymn, they went out to the Mount of Olives.

Reflection

As we gather to celebrate Corpus Christi, the Solemnity of the Most Holy Body and Blood of Christ, we are reminded of the profound and transformative gift Jesus bestowed upon us in the Eucharist. Our Gospel reading takes us to the heart of this mystery, the Last Supper, where Jesus instituted the sacrament that is the source and summit of our faith.

In the narrative, Jesus, knowing His hour had come, gathered with His disciples in the upper room to celebrate the Passover. He took bread, gave thanks, broke it, and gave it

to them, saying, “Take it; this is my body.” Then He took a cup, and when He had given thanks, He gave it to them, and they all drank from it. He said, “This is my blood of the covenant, which is poured out for many.”

These words, simple yet profound, invite us into a deeper understanding of the Eucharist. Jesus gives Himself entirely—body, blood, soul, and divinity—for our salvation. Each time we partake in the Eucharist, we are not just remembering a past event; we are entering into a living, dynamic encounter with Christ Himself.

The Eucharist is more than a ritual; it is a communion that nourishes our souls and strengthens us to be Christ’s presence in the world. As we receive His body and blood, we are called to become what we receive — Christ’s hands and feet, His love and mercy, His compassion and grace in our daily lives.

This week’s Saints of the week:

The saints are models of human excellence, perfected by the life of Christ and the communication of his Spirit. They demonstrate in their lives how to really live and how to really die. They consistently point to the horizon of love which leads to the fulfillment of all human desire: eternal communion with the Holy Trinity.

June 2-Memorial of St. Charles Lwanga and companions, martyrs: Memorial of St. Boniface, Bishop and martyr; June 7- Solemnity of Most Sacred Heart of Jesus and June 8-Memorial of Immaculate Heart of Blessed Virgin Mary



While there is no faith formation until September. Below are reflections for the children until they return to the program in fall.

Theme: Jesus left us a picture by which to remember him.

Object: A family photo album, high school yearbook, or some similar item

Scripture: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." 1 Corinthians 11:23-25

This morning I brought one of my family photo albums. I love to look through my photo albums and remember all of the important people in my life and to think about all of the good times we have had. I would like to share a few of those memories with you this morning.

This first picture is a picture of my mother when she was a young woman. She was a beautiful woman and this picture helps me remember what she looked like when I was a little boy. This is a picture of my daddy. Daddy was very dark-skinned and had coal black hair. As you can see, he had a wonderful smile that I think of when I remember my dad. Here is a picture of my grandmother as a young woman, and then another taken just a few years before she went to be with Jesus in heaven. These next pictures

are pictures of my sisters. And this one...wow! What a beautiful baby. Can you guess who that is? It's me! Here are a couple of pictures when I was in about the 4th or 5th grade, the same age as some of you. Looking at these pictures sure brings back a lot of wonderful memories.

When Jesus went back to heaven to be with his Father, he left behind a picture for us to remember him by. It isn't a picture in an album that we can look at and remember what Jesus looked like, but it is a picture to help us remember what Jesus did for us. We call it "The Lord's Supper." (Communion)

Just before Jesus was crucified, he called his disciples together for a meal. He took a piece of bread and he told the disciples that the bread was to remind them of his body that would be hung on a cross for them. Then he took a glass of wine and told them that the wine was to be a reminder of his blood that would be shed for them on the cross. He told them that whenever they ate the bread and drank the wine, it was to remind them of what he had done for them. We still eat the bread and drink the wine today, and when we do, we do it to help us remember what Jesus has done for us.

Lord Jesus, thank you for giving us this picture to remind us of what you did for us when you died on the cross. Help us to remember and be thankful.

Weekly Prayer

Its is hard to believe that June is here and summer starts soon. Remember that there is power in prayer





Diocese of Syracuse

From the Catholic Schools Office:

Save the Date: On Monday, June 17, 2024 we will hold our **3rd Annual Light A Child's Future Charity Golf Tournament at [Turning Stone Resort](#)**. This exciting event benefits Catholic Schools scholarships. We strive to raise much needed funds for our Light a Child's Future Scholarship program, which enables economically disadvantaged students to attend Catholic Schools in our diocese. Did you know that 65% of our students rely on financial aid or scholarship support to attend our schools? Your support will directly aid underprivileged students, ensuring their participation in a faith-centered community focused on promoting academic excellence.

Please join us:

- **[Serve as a Sponsor](#) or [Register as an individual or foursome team\(s\)](#)**
Sponsorships begin at \$500 - Click [here](#) for a complete list

- **Promote the Golf Tournament in your Parish**

See attached flyer for bulletin boards and Parish website

Event Details:

Light A Child's Future Charity Golf Tournament.

Monday, June 17 2024

Shenandoah Golf Club, Verona NY

18 holes of golf, rain or shine

11:00-1:00 Registration and grab-and-go lunch

1:00 Shotgun start

5:30 Cocktail hour

6:30-9:00 Celebration Dinner

From the Office of Adolescent Catechesis & Discipleship:

MIDDLE SCHOOL SUMMER PILGRIMAGE

August 10, 2024 - Niagara Falls, New York

Middle school youth are invited to visit Niagara Falls and the Fatima Shrine, ride the Maid of the Mist, and finish the day with Laser tag and pizza and wings at LASERTRON! This all-day event is open to youth entering grades 6 through 8. The cost of the trip is \$65 per participant and includes all activities, a t-shirt, and dinner.

[Click here to register your group!](#)

Contact Mary Angela Fisher at 315-470-1402 or mafisher@syrdio.org for more information.

Young Adult Hike with Bishop Lucia

Saturday, June 29, 2024

Highland Forest County Park, Fabius, NY

\$25 per ticket

Young adults (ages 18-39) from across the Diocese of Syracuse are invited to join Bishop Douglas Lucia on the fourth annual summer hike! The hike will begin at Highland Forest, Fabius, New York. Following the hike, the bishop will celebrate a private Vigil Mass for the following Sunday. The evening will conclude with dinner and drinks, catered by Dinosaur BBQ, and the opportunity to socialize.

(The ticket cost covers dinner, beverages, and dessert)

Lynn M. Springer
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