

# Parish News

Here is your weekly update. There are also attachments for this week.

The week a devastating tornado hit our City of Rome.

There was much devastation done through the City. An emergency supply Drive is being done at Mary Mother of Savior Parish-Utica.this weekend. Items needed are Clorox bottles, rubber gloves, paper towels, Tarps, Tents, bedding-all new and bottled water. Items may be dropped off after all their Masses. Please also keep the City of Rome citizens in your prayers.



## **Parish Festival**

Parish Festival is set for August 2-4

There will be the flea market for 3 days

As well as the basket raffle

Polish Kitchen -Sunday August 4th

Fried Dough, Outdoor grill and regular raffle

The garages will be open July 1 for your flea market treasure. The new garage area will be open

Mon-Fri 8am-63pm and Saturday noon to 5pm

Call Chris 315 768 4803

## **Festival Basket Raffle**

Get ready to showcase your creativity and generosity for the Parish upcoming Basket Raffle

Basket may be brought to the Parish Office starting Monday July 8<sup>th</sup> during business hours  
Basket Guidelines

-Use your imagination to design a unique basket. – Attach a list of items contained in your basket-  
Do not include candy or perishable items due to the August heat – Do not include gift cards, tickets  
in your basket, please place them in an envelope and hand it to the Parish office staff. Use an  
envelope in your basket to include the business and value of the gift card, tickets

### **Stewardship-**

Operating expenses for the Parish on a weekly basis are \$6,200.00 Collection.

Stewardship for July 7<sup>th</sup> Ordinary \$5807.00

Fuel \$1332.00

Online Giving \$1865.83

### **Hope Appeal**

2<sup>nd</sup> Collection at weekend Masses is for the Hope Appeal and will continue in order for the Parish  
to reach the 2024 Goal

Goal \$38,468.00 Received to date \$34,903.02

### **Parish Giving-**

The Parish is pleased to introduce “Enhancing Stewardship through Electronic Funds Transfer. It is  
convenient no more searching for a checkbook or Sunday morning stops at the ATM. To excess  
simply Log on the parish website [www.sacredheart-saintmary.org](http://www.sacredheart-saintmary.org) and click on the Parish Giving  
Log and follow the easy registration instructions. It is Secure.

### **Events at other Parishes in our area**

Please remember we are all a Catholic Community and need to support each other.

### **Mt. Carmel-Blessed Sacrament-Utica**

Annual Italian Festival July 19-21

Friday & Saturday 5pm to 10pm

Sunday 12 to 3pm

Great food, entertainment, games for kids, a flea market and pizza frita

### **Mary Mother Savior Parish**

Save the Date-Annual Parish Bazaar

Labor Day Weekend  
August 29<sup>th</sup>-30<sup>th</sup>

**Totus Tuus**  
Mary Mother Savior Parish  
July 21-26

**Day Program 1<sup>st</sup> grade to 6<sup>th</sup> Grade**

9am-3pm

Cost is \$45 per child

You can register on line@ [https://Totustuus-2024-marymotherofour savior-dayprogram.evenbrite.com](https://Totustuus-2024-marymotherofour-savior-dayprogram.evenbrite.com)

**Evening Program**

Sunday to Thursday 7pm-9pm

7<sup>th</sup>-12<sup>th</sup> Grade

Cost \$20 per teen

You can register on line@ [https://Totustuus-2024-marymotherofour savior-dayprogram.evenbrite.com](https://Totustuus-2024-marymotherofour-savior-dayprogram.evenbrite.com)

**St Pauls -Whitesboro**

Deacon Speakin

Evening with the Deacons on August 6<sup>th</sup>

Hour of spiritual nourishment with Eucharist Adoration following  
Tuesday -August @ 6:00pm

**Historic Old St. John's -Utica**

Annual Sister Mary Theresa Charity Bazaar

Saturday Sept 7<sup>th</sup> 12Pm-6pm

Sunday Sept 8<sup>th</sup> 10am-4pm

Ethnic Foods, Kids Games, Raffles, Crafts, Marketplace and more

Food for thought



# The Mark 6:34-36 Spiritual Food

No matter where we look in the Gospels,  
we will find hope, or a challenge,  
or comfort, or advice

Light Bible



Please remember that your child faith formation does not end with a year's program. Share your faith with your children until the 2024-2025 year begins in September. Attending Mass is a wonderful way to continue your family faith journey.

Remember God does not take a vacation.

The program for 2024-2-2025 has been completed and will begin on September 22<sup>nd</sup>

There was no change in the time for the Pre-K to 6<sup>th</sup> Grade.

It will be on Sundays from 9:50am to 10:50am with the families welcome to attend the 11am Mass. The program will be focused on more family Catechesis.

In order to properly order enough material for their program, I am taking early registration. The cost is the same as last year: \$25 for 1 child and \$45 for a family.

If you wish to pre-register your family for the program, please contact me directly at 315-527-8399.

Our Parish follows the Diocese of Syracuse for the Sacrament of First Communion and Confirmation which is the same in all Parishes in the Utica area. The Sacrament of First Communion and Confirmation is a 2 year program in order to receive the sacraments. This is a requirement for both sacraments. If you have any questions, please give me a call.

There is a change for 7 & 8 Grade. This will be held at the same time as the Pre-K to 6 Grade program. Sunday from 9:50 to 10:50pm with the student welcome to attend the 11am Mass

With the approval of Fr. Mark 9<sup>th</sup> & 10<sup>th</sup> Grade-Confirmation will be a block program offered thru the Greater Utica Area  
- Unlike last year where registration was on 1 form for all Parishes, this year, students will be required to sign up for 9<sup>th</sup> & 10<sup>th</sup> Grade Confirmation at the Parish.

The Faith Formation Program is looking for teachers assistants for the following grades, 1st Grade, 2nd Grade and 1 and for 7 & 8 Grade. If you wish to help share your faith with the children of the Parish, please give a call.  
Anyone who will help will require Virtus training.

Contact me if you are interested. Lynn 315 527 8399



**Sacrament of Reconciliation:** Saturday @3:15PM prior to Mass

**Saturday Vigil Mass: 4PM**

**Sunday: 8am and 11am**

Weekdays 12:15 Monday, Tuesday, Wednesday Friday.  
There will no Mass on Thursday

Let's remember that as Catholics, the importance of attending Sunday Mass. At Mass we stand at mystically at the foot of the cross and witness for ourselves the same self-sacrifice of Jesus, in an unbloody manner. Mass is a celebration of this sacrifice. It is the active participation of all that come together in the place of worship.

Sixteenth Sunday in Ordinary Time

**1<sup>st</sup> Reading: Jer 23:1-6**

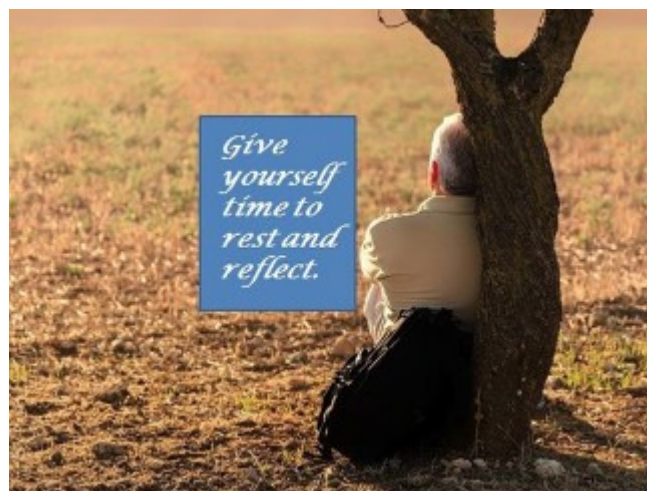
**Responsorial Psalms: 23:1-6, 3-4, 5, 6**

**2<sup>nd</sup> Reading: Eph 2:3-18**

**Gospel: MK 6:30-34**

**While these are wonderful reflections, please remember that they are not to be a substitute for the wonderful sermons of Father or Deacon Kirk at Mass.**

**As always, I try to find wonderful reflections for this week's Gospel reading. I let the Holy Spirit guide me.**



30 The apostles gathered together with Jesus and reported  
all they had done and taught.

31 He said to them, "Come away by yourselves to a deserted  
place and rest a while." People were coming and going in  
great numbers, and they had no opportunity even to eat.  
32 So they went off in the boat by themselves to a deserted  
place.

33 People saw them leaving and many came to know about it.  
They hastened there on foot from all the towns and arrived  
at the place before them.

34 When he disembarked and saw the vast crowd, his heart  
was moved with pity for them, for they were like sheep  
without a shepherd; and he began to teach them many things.

**Reflection: There is a time to work hard and a time to rest  
and reflect.**

The apostles were excited to report what they have  
accomplished. When the time comes, we too will give to our  
creator a report of what we have done in our earthly life.  
What would be the content of our reports? How many pages?  
Have we done a lot or too little?

Jesus tells His apostles to go to the deserted place and  
rest for a while. Are you a workaholic with no time even to  
eat and to rest? Even church workers, pastors and priests  
included, are sometimes too absorbed in their work that  
they even forget their prayer time. Jesus himself showed  
that from time to time, He went to a deserted place to pray  
alone or with a few companions. We too should also find  
time to get away from the crowds in order to have time for  
rest and reflection.

Jesus made Himself available to people who are in need. He  
knew how to balance His schedule. Are you that worker who  
is difficult to approach? Indeed, there is a time to say



yes to people and there is a time to say no. Let us ask the Holy Spirit to give us the gift of discernment so that we can be able to determine the proper course of action in every situation.

The Good News is that Jesus understands all our needs, especially our need to be taught of His ways. He is easily moved with pity for us. May we have pity on others too and make ourselves available to them in their hour of need.

After the Apostles came back from their first training mission, Jesus saw how tired they were and invited them to have a rest. He wanted them to be away from the crowd yet the people still chased them and in fact, arrived first before Jesus and His Apostles.

We all get tired from work and from problems. We get weary and weak from exhaustion. Sometimes, our fatigue is due to the enormous task we impose on ourselves. The gospel tells us that the Lord truly understands our physical limitations and He urges us to take a rest. In Matthew 11:28, He says, "Come to me, all you who are weary and burdened, and I will give you rest."

Many people work as if there is no tomorrow. Even if Sunday is declared a day of rest, a lot of people still go to work on this day. Working overtime and many times skipping meals in order to finish a report on time is indeed detrimental not only to physical but also mental and emotional health. Hence, the invitation of Jesus to "rest for a while" is to recharge not only our body but more so our spirit and thus preserve our sanity.

To rest for a while means it is a temporary thing. We rest so that we can have more energy to continue working. It means to retreat but not to give up. We rest so that Jesus can fill up or rather refill our depleted strength. Resting

when tired is much like having a retreat when our faith is weakening. In the gospel reading above, Jesus is telling us to go to a place away from the hustle and bustle of city life, to have a retreat in a deserted place so that we can be able to focus on Him, to a secluded place where He can teach us many things because nothing can be able to disturb us.

**This week's Saints of the week:**

The saints are models of human excellence, perfected by the life of Christ and the communication of his Spirit. They demonstrate in their lives how to really live and how to really die. They consistently point to the horizon of love which leads to the fulfillment of all human desire: eternal communion with the Holy Trinity.

July 23<sup>rd</sup> Feast of Saint of Mary Magdalene



While there is no faith formation until September. Below are reflections for the children until they return to the program in fall.

Theme

We all need rest and relaxation.

**Object**

Vacation photos

**Scripture**

Mark 6:30-34, 53-56

How many of you have taken a vacation? (Invite the children to share where they went and what they did. As children share, point out aspects of rest in each child's story.) I've been on vacation too. I brought some pictures that I took while I was on vacation. (Briefly describe where you went and something you did to relax.)

We all need to get away sometimes. Even Jesus said that we sometimes need to take some time off to get caught up on our rest. The Bible tells about a time the disciples went to Jesus and told Him how busy they had been teaching and ministering to the needs of people. "There have been so many people coming and going that we didn't even have time to stop and eat," they told Jesus. (Have kids pretend to eat and then stop abruptly.)

"Come with me to a quiet place so that you can get some rest," Jesus said to the disciples. (Have kids pretend to sleep.) So the Bible tells us that they got in a boat. (Have kids pretend to row a boat.) And they went away with Jesus to a quiet place.

Yes, we all need a time to get away, even Jesus and His friends needed to rest!

Dear God, thank You for work, for play, and for school. We also thank You for those times when we can get away from it all and get some rest. In Jesus' name, amen.

## WEEKLY PRAYER





## **Diocese of Syracuse**

From the Office of Adolescent Catechesis & Discipleship:

**Young Adult Hike with Bishop Lucia (rescheduled)**  
**Saturday, July 27, 2024**  
**Green Lakes State Park, Fayetteville NY / St. Patrick,**  
**Chittenango, NY**

\$25 per ticket (includes dinner, beverages, and dessert)

Young adults (ages 18-39) from across the Diocese of Syracuse are invited to join Bishop Douglas Lucia on the fourth annual summer hike! The hike will begin at Green Lakes State Park, Fayetteville, New York. Following the hike, we will have a vigil Mass at St. Patrick, Chittenango. The evening will conclude with dinner and drinks, catered by Dinosaur BBQ, and the opportunity to socialize.

### **MIDDLE SCHOOL SUMMER PILGRIMAGE**

**August 10, 2024 - Niagara Falls, New York**

Middle school youth are invited to visit Niagara Falls and the Fatima Shrine, ride the Maid of the Mist, and finish the day with Laser tag and pizza and wings at LASERTRON!

This all-day event is open to youth entering grades 6 through 8.

The cost of the trip is \$65 per participant and includes all activities, a t-shirt, and dinner.

[Click here to register your group!\\_](#)

Contact Mary Angela Fisher at 315-470-1402 or [mafisher@syrdio.org](mailto:mafisher@syrdio.org) for more information.



Lynn M. Springer

Director of Faith Formation

Sacred Heart/St Mary's

315 527 8399